



**NATIONAL GUARD BUREAU
ARMY NATIONAL GUARD WARRIOR TRAINING CENTER
6901 ROSELL ROAD, BLDG 4165
FORT BENNING, GEORGIA 31905-4500**

ARNG-TRW

9 March 2022

MEMORANDUM FOR ARNG WTC Students

SUBJECT: Medical Screening Policy for All Courses Conducted by the Army National Guard Warrior Training Center.

1. REFERENCES:

- a. AR 40-501, Standards of Medical Fitness
- b. AR 40-502, Medical Readiness
- c. DA PAM 40-502, Medical Readiness Procedures
- d. DODI 6130.03, Medical Standards For Appointment, Enlistment, Or Induction Into the Military Services

2. PURPOSE: Establish a policy IAW Army Regulations that clarifies medical screening and documentation standards for Soldiers attending courses conducted by the Army National Guard Warrior Training Center (ARNG WTC).

3. APPLICABILITY: All personnel attending courses conducted by the ARNG WTC.

4. PROCEDURES:

a. Soldiers attending the Ranger Training Assessment Course (RTAC) will be screened for medical qualification IAW-AR 40-501, Chapter 5; AR 40-502, Chapter 4; DA PAM 40-502, Chapter 6, and DODI 6130.03, Section 4 and Section 5.

(1) Soldiers should arrive with a qualified physical, to include any necessary waivers from ARTB. Deficiencies found on Ranger physicals will be aggressively pursued. However, there is no guarantee that these deficiencies will be corrected or that a waiver will be secured.

(2) If the Soldier is determined in the opinion of the assigned Medical Officer (MO) to have a disqualifying or medically unsafe condition, or a disqualifying or medically unsafe medical history, the MO will make a recommendation regarding the Soldier's fitness and the eligibility for continued training.

(3) Soldiers who are disqualified, but are likely to receive a waiver may be recommended to continue training at the discretion of the MO.

b. Courses not specifically mentioned in AR 40-501, Chapter 5, will require an up-to-date (within 12 months) Periodic Health Assessment (PHA), including tests and screenings related to vision; audiology; dental; and HIV, for eligibility to attend.

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(1) Soldiers will bring a copy of their Individual Medical Readiness Report (IMR) on the course report date, demonstrating PHA compliance.

(2) If there has been a change to medical history since the last PHA, the Soldier may require clearance from the MO.

(3) Soldiers may be recommended against training if there is a condition that is found to be medically disqualifying or if there is any history of a medical condition which, in the opinion of a medical provider, could potentially harm the Soldier or others while in training.

(4) Individuals over 40 years of age must also undergo a cardiovascular screening with a medical provider. The medical screening tool used is the Atherosclerotic Coronary Artery Disease (ASCVD) risk calculator. A memorandum or other written medical documentation of the ASCVD risk percentage, and any additional relevant evaluation, by a provider is required. An EKG is not necessarily required and cannot be used in lieu of ASCVD screening. Soldiers with a 10- year risk of 7.5% or greater, must be referred to cardiology for further evaluation and medical determination. Soldiers must be cleared by cardiology to participate in training, and may require further administrative profiling and/or restrictions from a military medical provider.

c. Soldiers will complete and obtain documentation of all applicable medical screenings through their assigned medical provider prior to reporting to the ARNG WTC.

d. The enclosure is provided as a reference tool but should not be used exclusively as the standard in lieu of appropriate medical regulations.

e. Exceptions to this policy are made on a case-by-case basis at the discretion of the ARNG WTC commander.

5. The POC for this memo is CPT Patrick Hendrickson at (515) 745-2268, or patrick.m.hendrickson.mil@army.mil.

Encl
Physical Exam Requirements,
31 July 2019

GARY DETTLOFF
LTC, IN
Commanding